

SPANKING IS HARMFUL

IN 2014, 18% OF 14 TO 17 YEAR-OLD ADOLESCENTS IN ONTARIO* REPORTED BEING SPANKED OR SLAPPED ON THE HAND 3+ TIMES IN THEIR LIFETIME



*Provincially representative sample of adolescents 14-17 years

LIFETIME SPANKING OR SLAPPING ON THE HAND IS HARMFUL; IT IS ASSOCIATED WITH THE FOLLOWING IN ADOLESCENTS:



Mental disorders



Physical health conditions



Defiant behaviours

THESE ASSOCIATIONS EXIST EVEN AFTER ACCOUNTING FOR THE EFFECTS OF:



Parental problems with police



Parental mental health & substance use problems



Death of parent or sibling



Parental separation or divorce



Child maltreatment



Full study by Fortier, J., Stewart-Tufescu, A., Salmon, S., MacMillan, H. L., Gonzalez, A., Kimber, M., Duncan, L., Taillieu, T., Garces Davila, I., Struck S., & Afifi, T. O. (2021). Associations between Lifetime Spanking/Slapping and Adolescent Physical and Mental Health and Behavioral Outcomes. Canadian Journal of Psychiatry.